

DEVELOPING PALLIATIVE CARE IN LTC: LIFE ON THE FRONTLINE





Agenda

- 1:00 pm Welcome and introductions
- 1:05pm Research findings and instructions
- 1:10 pm Knowledge Café (small group discussion)
- 1:40 pm Take up results from the Café- discussion
- 1:50pm Questions and take home messages



Introductions

Creek Way Village

Penny Marks PSW

Lisa Burmaster PSW

Allendale LTC

Alicia Deagle

Stella Jamieson

McMaster University

Diane Crawshaw



What is Palliative Care?

Literature

- ◆ Many different definitions for palliative care exist ; Canadian Hospice Palliative Care Association, Ontario Palliative Care Association, and World Health Organization

Palliative Care

- ◆ Palliative care is whole-person care that aims to relieve suffering and improve the quality of life for an individual with a life threatening illness, or who is at end of life.

Palliative Care

Palliative care uses a team approach to help residents and families:

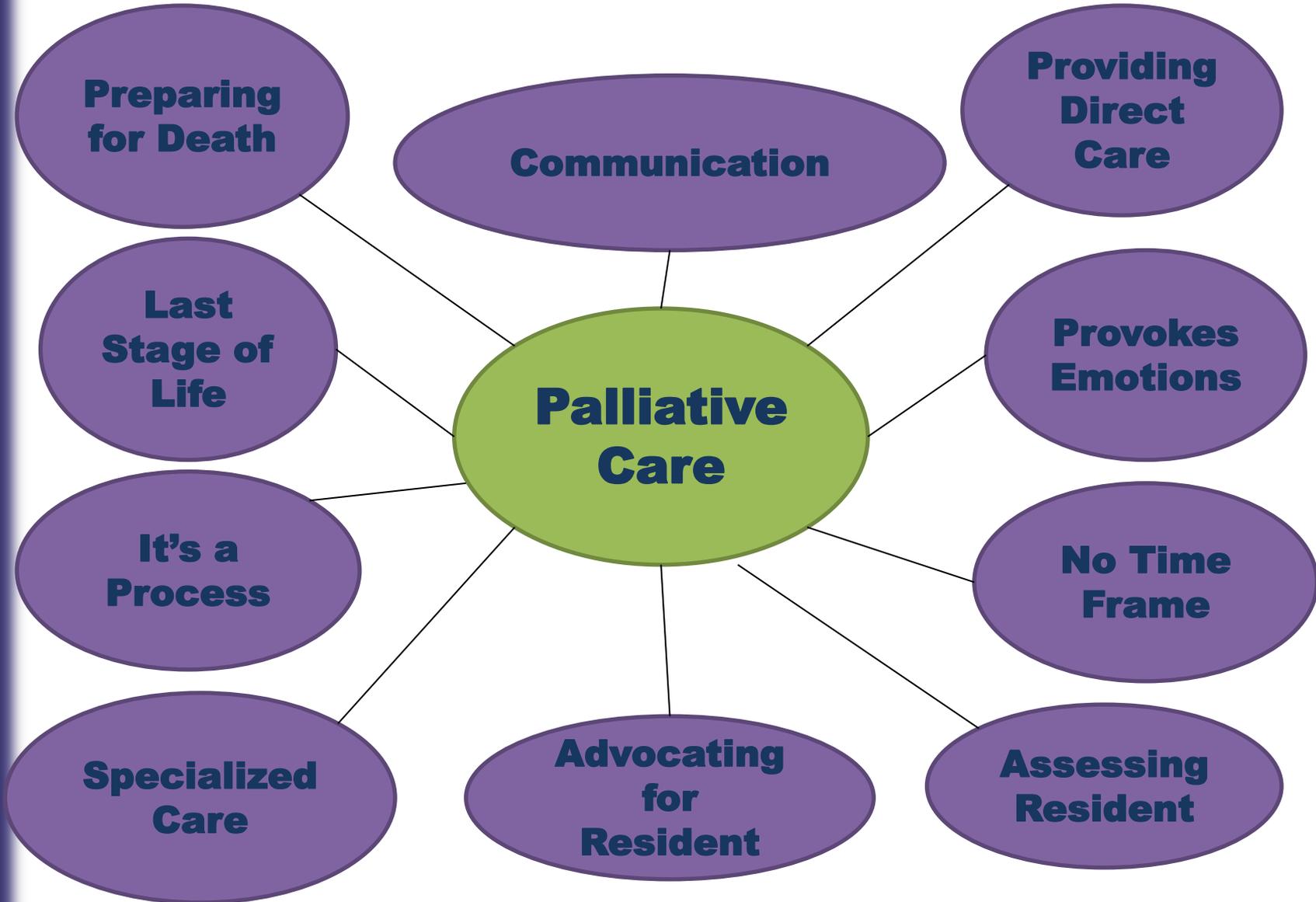
- ◆ address physical, psychological, social, spiritual and practical issues and their associated expectations, needs, hopes and fears
- ◆ prepare for and manage self-determined life closure and the dying process



Research Findings



Research Results



Palliative Care in LTC?

Literature

- ◆ Facts regarding long-term care:
 - ◆ The average length of time a resident lives in LTC is 2 years
 - ◆ In the Halton homes between 30-40% of residents die each year, which is comparable to national statistics
 - ◆ Over 75% of residents have some form of cognitive impairment

What are the Needs of the Staff?

Literature

- ◆ Education: pain, bereavement, palliative care concepts
- ◆ A palliative care model that is specific for Long-Term Care homes
- ◆ A memorial ceremony: staff to acknowledge the life and death of the residents who has died
- ◆ Supportive organizational policy and procedures, palliative care resources
- ◆ Communication

What are the Needs of Residents?

Literature

- ◆ Residents and families must be informed and educated to the extent they desire
 - ◆ disease trajectory
 - ◆ roles of each member of team and their role
 - ◆ what they can expect
- ◆ Second, coordination and continuity of care across diverse health care settings is key to high quality end-of-life care.
- ◆ Communication

Research Results

**Emotional
and
Educational
Support**

**Respect
and
Dignity**

Information

**Family
Needs**

**Closure
and Grief**

**Open
Communication
with Staff**

**Part of
Team**



Knowledge Café (Small Group Work)





Knowledge Café Questions

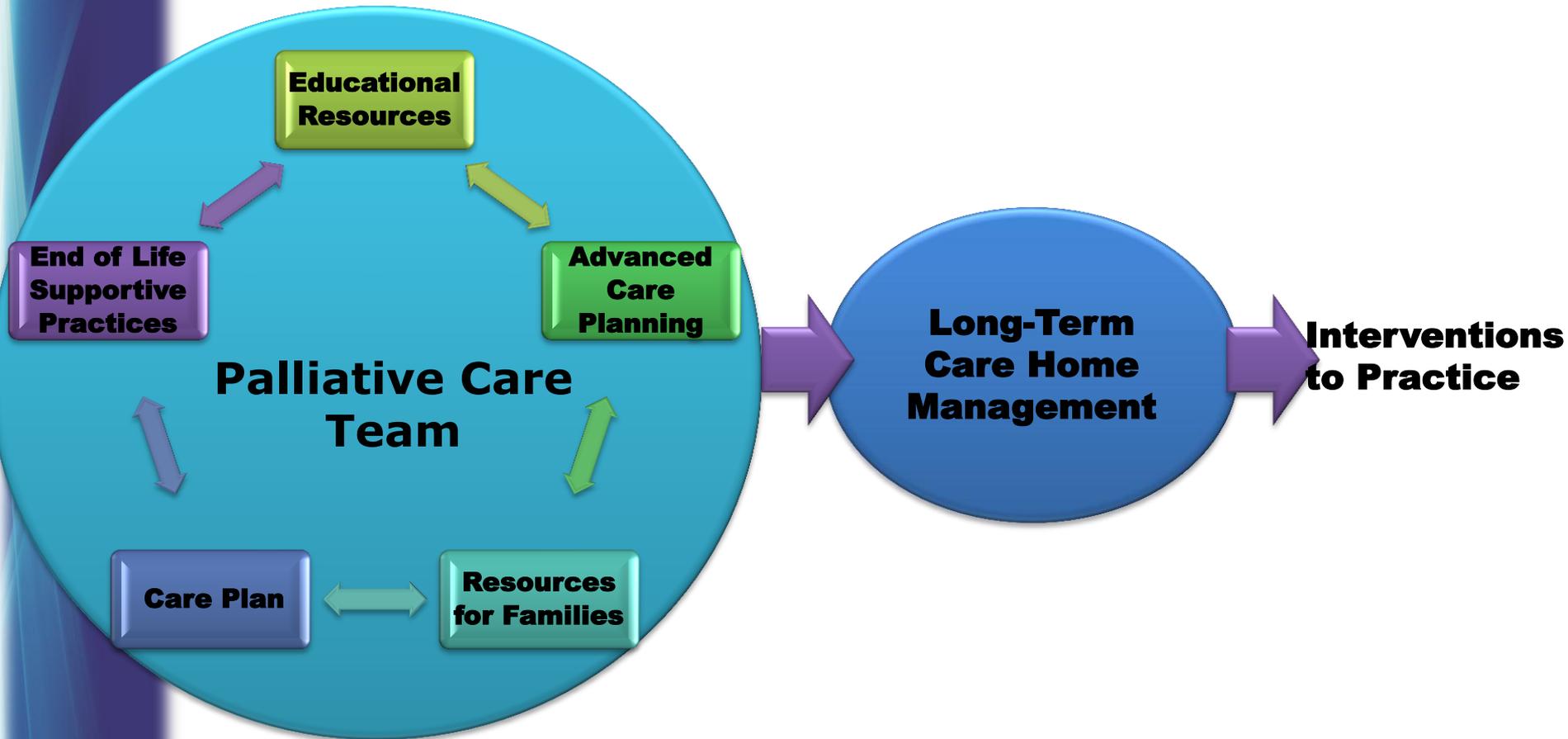
1. How best to identify individuals who could benefit from a palliative care approach?
2. How to create an interprofessional communication strategy for Palliative care delivery?
3. How to develop skills for sharing end of life information with residents and families?

Next Steps?

WHERE DO WE
GO FROM HERE?



Communication is IMPORTANT



Further Information

Visit our website

www.palliativealliance.ca

Contact us

Email: palliativealliance@lakeheadu.ca

Phone: (807)766-7267

Special Thanks to...



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