

# Quality Palliative Care in Long Term Care

## A Community-University Research Alliance

### Palliative Care for Front Line Workers

Canadians die in hospitals, long-term care facilities and in the community affirming the need for continuing education on palliative care. CERAH has developed a 15 hour (10 module) course based on the identified learning needs and preferred educational format of front line care providers. The course is presented in a flexible manner. Past evaluations of the program indicate an increased comfort level and confidence in the provision of palliative care by healthcare workers who have taken the program.

Content includes:

- Dying in Canada
- Envisioning a Good Death
- Physiology of Dying
- Pain
- Working with Families
- Advance Care Planning
- Culture
- Grief and Bereavement
- Helping Relationships and Self-Care
- Team Building

**Audience:** Front Line Health Care Providers, Hospice/Palliative Care Volunteers

For more information regarding Palliative Care for Front Line Workers please contact:

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