

Winter of 2013













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Please copy and share this document. We would appreciate you referencing the source of this document as

Process Mapping, Quality Palliative Care in Long Term Care, Version 1, <u>www.palliativealliance.ca</u>.

For more information regarding the project please visit www.palliativealliance.ca or email our team at palliativealliance@lakeheadu.ca

Introduction

It is difficult for long term care staff members to meet and develop programs for their residents due to a lack of time and human resources. Bethammi Nursing Home and Hogarth Riverview Manor piloted a Retreat day format to begin to build and get consensus on their new formalized palliative care programs and palliative care resource teams. The Retreat day was interactive and allowed for small and large group discussions.

Process of Hosting a Process Mapping Activity

1. Plan the Retreat Activity

Prior to the even it is important to have a clear sense of the goals that you would like to have accomplished. You will need to know the following:

 How many staff and which staff will attend the process mapping activity? Will the staff be paid or will they be volunteering their time? Tip: Having 10 staff will provide the best results. Also, it is important to have staff representing each department or discipline.

- When will the process mapping activity take place? Consider the time
 of year and whether staff can be easily replaced. Attempt to schedule
 the process mapping day according to your day shift (ex: 8:30am2:00pm). This will allow for less complications in scheduling as only
 one shift will need replacements.
- Where will the process mapping take place? It is important that the
 Retreat day take place in a venue that is accessible for all staff. For
 the pilot it was decided to have the process mapping activity away
 from the long term care home. If you decide to have your
 retreat in the long term care home do not have it near the resident
 floors or home units. This may take away from the process mapping
 activity because of the distractions.
- What are your goals? What would you like to have accomplished.
 How much time can you a lot for this activity? Set your agenda for the day.

2. Create your agenda and book venue

When making your agenda, make sure to leave enough time for discussion. Consider using the questions in the sample agenda below:

8:30am-9:30am Welcome & introductions

9:30am-9:45am Review of activity goals

9:45am-10:15am Review process mapping process & ground rules

10:15am-10:30am Break

10:30am-12:00pm Process mapping admission to identification

benefiting from a palliative approach

12:00pm-12:30pm Lunch

12:30pm-2:00pm Process mapping

benefiting from a palliative approach to

bereavement

th to families, and residents within your process map

Tip: Remember to include

bereavement for staff,

2:00pm-2:30pm Wrap-up and next steps

3. Advertise your event or invite participants

When advertising the event consider whether a set group of people will be invited such as the palliative care team or whether the event will be open to all staff. Include all of logistical and practical information that you determined in step one.

Key Partners









Funders



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