DEVELOPING PALLIATIVE CARE IN LTC: LIFE ON THE FRONTLINE
Agenda

1:00 pm Welcome and introductions
1:05pm Research findings and instructions
1:10 pm Knowledge Café (small group discussion)
1:40 pm Take up results from the Café- discussion
1:50pm Questions and take home messages
Introductions

*Creek Way Village*
Penny Marks PSW
Lisa Burmaster PSW

*Allendale LTC*
Alicia Deagle
Stella Jamieson

*McMaster University*
Diane Crawshaw
What is Palliative Care?

**Literature**

- Many different definitions for palliative care exist; Canadian Hospice Palliative Care Association, Ontario Palliative Care Association, and World Health Organization
Palliative care is whole-person care that aims to relieve suffering and improve the quality of life for an individual with a life-threatening illness, or who is at end of life.
Palliative Care

Palliative care uses a team approach to help residents and families:

- address physical, psychological, social, spiritual and practical issues and their associated expectations,
- needs, hopes and fears
- prepare for and manage self-determined life closure and the dying process
Research Findings
Research Results

Preventing for Death

Last Stage of Life

It's a Process

Specialized Care

Communication

Advocating for Resident

Providing Direct Care

Provokes Emotions

No Time Frame

Assessing Resident
Palliative Care in LTC?

Literature

- Facts regarding long-term care:
  - The average length of time a resident lives in LTC is 2 years.
  - In the Halton homes between 30-40% of residents die each year, which is comparable to national statistics.
  - Over 75% of residents have some form of cognitive impairment.
What are the Needs of the Staff?

**Literature**

- Education: pain, bereavement, palliative care concepts
- A palliative care model that is specific for Long-Term Care homes
- A memorial ceremony: staff to acknowledge the life and death of the residents who has died
- Supportive organizational policy and procedures, palliative care resources
- Communication
What are the Needs of Residents?

**Literature**

- Residents and families must be informed and educated to the extent they desire
  - disease trajectory
  - roles of each member of team and their role
  - what they can expect

- Second, coordination and continuity of care across diverse health care settings is key to high quality end-of-life care.

- Communication
Research Results

Family Needs

- Emotional and Educational Support
- Respect and Dignity
- Information
- Closure and Grief
- Open Communication with Staff
- Part of Team
Knowledge Café
(Small Group Work)
Knowledge Café Questions

1. How best to identify individuals who could benefit from a palliative care approach?
2. How to create an interprofessional communication strategy for Palliative care delivery?
3. How to develop skills for sharing end of life information with residents and families?
Next Steps?

WHERE DO WE GO FROM HERE?
Communication is IMPORTANT

Palliative Care Team

Educational Resources

Advanced Care Planning

Care Plan

Resources for Families

Long-Term Care Home Management

Interventions to Practice
Further Information

Visit our website
www.palliativealliance.ca

Contact us
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Special Thanks to...