

# Quality Palliative Care in Long Term Care Alliance

## Website Finally Launched...Please Contribute<sup>1</sup>

We now have a project website up and running. The website includes more information regarding the project activities, researchers, community partners, and results.

We are asking our Community Partners and Researchers to send us tools or information regarding palliative care in long-term care that you would like shared with the Alliance. This information will be posted on our project website to serve as resource for LTC homes nationally. Please send to [palliativealliance@lakeheadu.ca](mailto:palliativealliance@lakeheadu.ca)

Also, help us by spreading the word about this website by sending an email to your colleagues and those who will find this tool useful.



Visit us online!  
[www.palliativealliance.ca](http://www.palliativealliance.ca)

## Upcoming Alliance Meeting

Wednesday, November 17, 2010  
10:00am-11:00a EST

It is time once again for our semi-annual QPC-LTC Alliance meeting. The research teams at both Lakehead University and McMaster University have been busy wrapping up the environmental scan and moving into the much anticipated “intervention” phase. Please join us to learn what is new with our Alliance.

This meeting will be teleconferenced and supplemented by Adobe Acrobat Connect provided by the Seniors Health Research Transfer Network (SHRTN). Instructions on how to participate by distance will be emailed one week prior to the meeting. Alliance members in Thunder Bay are welcome to participate in the meeting by coming to the Georgian Room at the Heritage, St. Joseph’s Care Group.

Hope to see you all there!

Alesha Gaudet MSW, Project Coordinator

## Update from Southern Ontario

The fall season will see the research team sharing the results of the environmental scan with staff, residents and families. In keeping with the participatory action research philosophy (PAR), each home will decide on their priorities and choose interventions to be implemented in the New Year. Dates have been set to share results with the Resident and Family Councils at each home in November.

The team would like to welcome Penny Marks as the new Lead PSW at Creek Way. We would like to thank Margo Comiskey for her efforts.

## Alliance Members Visit Hamilton

In mid-September 35 of our QPC-LTC Alliance members met in Hamilton for a two day meeting to discuss the past year as well as the priorities for the year to come. There was a great diversity of attendees including LTC home staff and administration, community partners, and researchers from all backgrounds.

The two day workshop included presentation of findings, discussion groups and two panels presentations. The first panel included three personal support workers representing the four long-term care homes. Stella (Allendale Nursing Home), Lina (Hogarth Riverview Manor), and Jackie (Bethammi Nursing Home) spoke about empowerment, priorities of palliative care in LTC that they would like to see addressed this year, and how they believe this project benefits them and their long-term care homes.

The second panel included: Deb Parker (Associate Professor, Director, University of Queensland/Blue Care Research and Practice Development Centre ), Kevin Brazil (Professor, McMaster University), and Sharon Baxter (Executive Director, Canadian Hospice Palliative Care Association). This panel showed their insights on international perspectives on palliative care in long-term care as well as lessons that can be learned within Canada.

Presentations were video taped and will soon appear on our website. To learn more about this workshop visit [www.palliativealliance.ca](http://www.palliativealliance.ca).

A special thanks to Diane Cranshaw and Alesha Gaudet for helping to organize this wonderful workshop for the Alliance!



Alliance members listening to panelists



Stella, Lina, and Jackie posing for the camera!



Sharon Baxter, Kevin Brazil, and Deb Parker preparing for discussion



Deb Parker speaks to Alliance researchers

## Upcoming Dissemination Events

Look out for members of our Alliance at the following conferences:

International Congress on Palliative Care  
October 5th– 8th, 2010  
Montreal, Quebec

Canadian Hospice Palliative Care  
Association Conference  
October 28th-31st, 2010  
Ottawa, Ontario

Palliative Care Institute  
November 3rd-5th, 2010  
Thunder Bay, Ontario

Ontario Long Term Care Association  
Research Workshop for Long-Term Care  
November 23rd, 2010  
Toronto, Ontario

Canadian Association of Gerontology  
December 2nd-4th, 2010  
Montreal, Quebec

Gerontological Nurse's Association of  
Ontario Conference  
November 4th & 5th, 2010  
Hamilton, Ontario

Have an idea on where or how to disseminate  
information about the QPC-LTC Alliance?

Please contact us at  
[palliativealliance@lakeheadu.ca](mailto:palliativealliance@lakeheadu.ca)



## QPC-LTC Alliance Welcomes... Penny Marks

Penny Marks has been a Personal Support Worker for 8 years, and has taken additional training on the issues of dementia and palliative care. She has worked and volunteered at Creek Way since its opening five years ago. Penny's interest in palliative care is part of her overall passion for human services work and work with seniors. In addition to her involvement at Creek Way Village as a staff person and as a volunteer, Penny is an ASL communicator. She has been involved in the Best Practices Team in her workplace as well as other research projects that have taken place at Creek Way. Penny is known for using humour for team-building and in her delivery of interprofessional care. Penny has been a mentor to other PSW students and hopes to bring her enthusiasm and skill in connecting with residents and families to the project, and to the task of developing a palliative care team at Creek Way.

## Research Partners and Funders



Conseil de recherches en  
sciences humaines du Canada

Social Sciences and Humanities  
Research Council of Canada



Centre for Education  
and Research on  
Aging & Health

Lakehead  
UNIVERSITY



### Questions?

Please forward questions or comments to:

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